



Payroll Giving

A guide for employees



Be a 9 – 5 Heart Hero for Heart Research UK

Donating through your payroll is simple, easy and helps hearts near you.



So how does it work?

Payroll giving is a tax efficient scheme that allows you to make regular donations to Heart Research UK, straight from your salary.

As your donation is taken out before tax, a £10 per month donation will only cost you £8.

Heart Research UK

Suite 12D, Joseph's Well, Leeds LS3 1AB www.heartresearch.org.uk T 0113 234 7474 F 0113 297 6208 E info@heartresearch.org.uk

Registered Charity No. 1044821. Registered Office: Suite 12D, Joseph's Well, Leeds LS3 1AB Company limited by guarantee No. 3026813. Registered in England

The table below shows how little it will cost you each month to make a real impact to the work we do:

Your Pledge	Actual Cost to you (Standard rate taxpayer: -20%)	What it will fund
£5 per month (or £60 annually)	£4 (Or £48 annually)	This will allow us to provide a Helping Little Hearts toolkit, which will support health professionals to develop exercise 'prescriptions' for children who have had heart disease or living with a long term heart condition.
£8 per month (or £90 annually)	£6.40 (Or £72 annually)	This will pay for a talented young clinician to attend one of our Masterclasses
£10 per month (or £120 annually)	£8 (Or £96 annually)	Will pay for one hour's research into the prevention, treatment and cure of heart disease
£20 per month (or £240 annually)	£16 (or £192 annually)	Will pay for a scientist to carry out one days research into the prevention, treatment and cure of heart disease

Why support Heart Research UK through Payroll Giving:

- Coronary heart disease is still the UK's single biggest killer, so our work is trying to prevent people from getting the illness in the first place through our Healthy Heart Grants
- We fund local healthy lifestyle projects to ensure that people in communities around the UK live healthier, happier, longer lives
- Unlike many other charities, we don't receive government funding; our money comes from people like you
- Our Corporate partnerships are supporting businesses to help their staff become heart-healthy through lifestyle changes
- We pride ourselves on spending what you give, on helping hearts near you



Raising money for Heart Research UK



Rugby Super League player Adrian Purtell became an ambassador for Heart Research UK in 2013 nearly a year after suffering a heart attack whilst playing against Leeds Rhinos in May 2012.

Adrian was just 28 when he collapsed after the match. "It was scary when they first told me and I was there by myself. At that point I didn't know anything about the situation and thought "am I going to die?"

After going through a period of uncertainty about his condition and whether he would ever play rugby again, he was able to start training again. The news spurred the Aussie on to get himself back to full and peak fitness, and he is now Captain of the Bradford Bulls for 2016 season.

His experiences and a feeling that he was given a new lease of life, prompted Adrian to become an ambassador for Heart Research UK.

Louis Brocklebank from Sheffield was born with two congenital heart defect and was just eight weeks old when he first had open heart surgery.

His condition still causes him various other problems and he has spent the early years of his childhood in and out of hospital, but he does well at keeping happy and healthy.

Since being diagnosed, Louis and his family have been raising money for Heart Research UK by holding a street party, organising a cycling challenge from Sheffield to Skegness and a talent show at their local sports and social club.



By signing up to Payroll Giving, you will be doing your bit to help more people like Adrian and Louis.

Payroll Giving FAQ's:



Can I give to more than one charity?

Yes, you can donate to as many as you like as long as they're based in the UK

Is there a minimum donation?

There is no upper or lower limit

When will my first donation be deducted?

Your first payroll giving contribution is made on your next pay day. However, if you are signing up towards the end of the month, after the payroll has been processed, your first contribution will be made the following month

How is it different to Direct Debit?

Payroll Giving is taken from your gross (pre-tax) pay, so there is no need to claim any tax back after gift aid, which saves us unnecessary administration costs

It is easy to cancel?

Yes, you just need to notify your payroll department and they will stop it for you

How do I know that you have received my donation?

We value your support and donation and we will write to thank you. We may also send you information on how your money is being spent across the UK

If I am in a higher tax band 40 / 45%, does this affect my donation?

You will receive tax relief at the highest rate of tax you pay

Do I need to Gift Aid my donation?

No, Payroll Giving is taken straight from your gross (pre-tax) pay, so there is no need for us to choose to claim the tax back through Gift Aid

Can I give through my pension?

Yes, ask your occupational pension provider to make a donation from your pension before tax has been deducted

What should I do if my employer doesn't have a scheme?

If you aren't sure, email us (corporate@heartresearch.org.uk) and we will investigate for you, if not then we can suggest to them to introduce one.

