



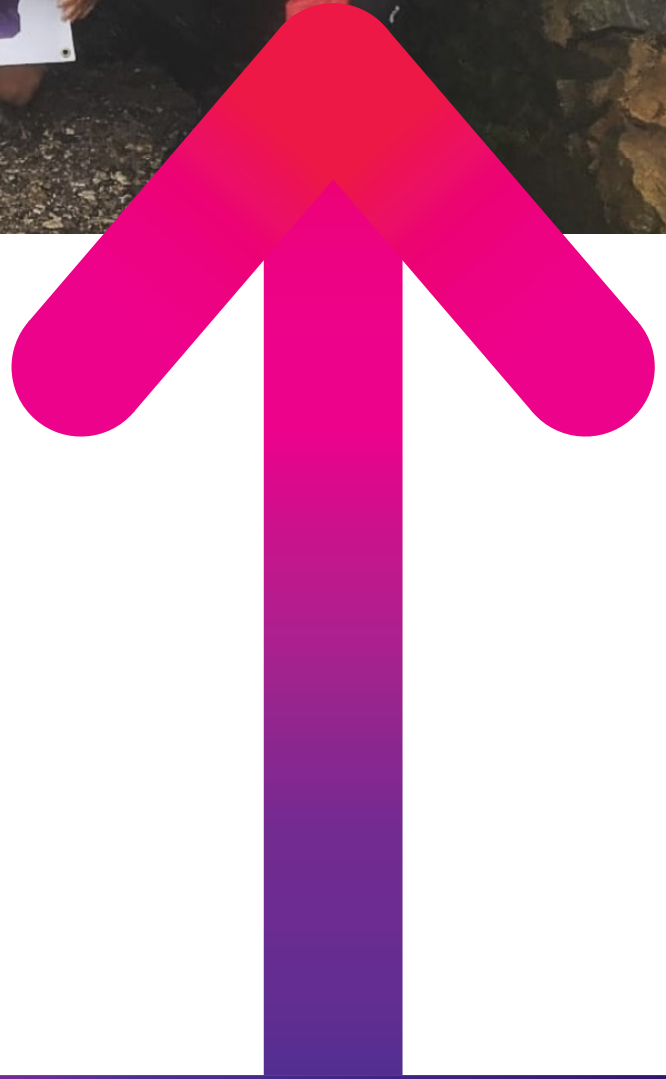
Team up to help

Fundraising as a team in the workplace is a fantastic way to socialise with colleagues and build working relationships.

Heart Research UK is the charity dedicated to your heart. We're taking on heart disease, and we need your help.

There's always time for a little organised fun in the workplace, such as a healthy bake off, step-a-thon, dress-down day, team walk or static bike ride.

Rally up your colleagues for a day of fun, inspiring and motivating staff and allowing them to meet other teams and colleagues and feel truly empowered. We can support you every step of the way too to ensure you have everything you need.



We've got lots of ideas to get your team started in our fundraising guide, and if you would like any advice or support in planning your activity please get in touch with Isabel at corporate@heartresearch.org.uk or call 0113 234 7474.