

Healthy Heart Grant Regions

Below, you can find some examples of towns and cities that are within each of our 9 regions across England. Scotland, Northern Ireland, and Wales are standalone regions therefore if you live in any of these countries, you are eligible to apply for a grant in the region named after that country.

Our regions are the same as the NUTS level 1 regions used by the Office for National Statistics therefore you can also use [this interactive map](#) to find your town or city if you are unsure.

North-East

Alnwick
Berwick-Upon-Tweed
Darlington
Durham
Hartlepool
Middlesbrough
Newcastle-Upon-Tyne
Saltburn by-the-sea
Sunderland

Yorkshire and the Humber

Grimsby
Huddersfield
Hull
Keighley
Leeds
Sheffield
Staithes
Wakefield
Whitby
York

North-West

Blackpool
Burnley
Carlisle
Chester
Crewe
Liverpool
Macclesfield
Manchester
Penrith
Rochdale

East Midlands

Chesterfield
Derby
Hinkley
Kettering
Leicester
Lincoln
Mansfield
Northampton
Nottingham
Worksop

West Midlands

Birmingham
Burton-Upon-Trent
Hereford
Nuneaton
Rugby
Shrewsbury
Stafford
Stoke-on-Trent
Tamworth
Wolverhampton
Worcester

South-East

Aylesbury
Banbury
Basingstoke
Brighton
Crawley
Dartford
Isle of Wight
Milton Keynes
Oxford
Reading
Slough
Southampton

East

Basildon
Beford
Brentwood
Cambridge
Hemel Hempstead
Ipswich
Luton
Norwich
Peterborough
Watford

South-West

Bath
Bourton on the Water
Bristol
Cheltenham
Christchurch
Exeter
Newquay
Plymouth
Swindon
Taunton

London

Chessington
Croydon
Edgeware
Enfield
Harrow
Orpington
Romford
Surbiton
Twickenham
Uxbridge