

Masterclass series



Exercise Prescription for Congenital Heart Disease – Live Webinar

Thursday 23rd June 2022

Course Module Leaders:

- **Professor Graham Stuart**, MBChB PGcert MSc FRCPCH FRCP FESC, Consultant Cardiologist (Congenital heart Disease) Bristol Heart Institute/ Bristol Royal Hospital for Children.
- **Professor Craig Williams**, Children's Health and Exercise Research Centre, Sport and Health Sciences, University of Exeter.
- **Caroline Evans**, Clinical Specialist Cardiology Physiotherapist, University Hospitals Bristol and Weston NHS Foundation Trust.
- **Dr Lynsey Forsythe PhD**, Research Associate Sport and Exercise Cardiology, Bristol Royal Hospital for Children.
- **Curtis Wadey MSc**, AFHEA, Postgraduate researcher, Children's Health and Exercise Research Centre, University of Exeter.

Venue:

Online (link sent after registration is complete).

Course overview:

This 1-day masterclass is designed for individuals who frequently work with patients that have congenital heart disease. The aim of the course is to better advise delegates on how to prescribe exercise to patients with congenital heart disease. The course has 5 module leaders who will cover the benefits of exercise, the importance of cardiopulmonary exercise testing, the guidelines for exercise prescription in congenital heart disease patients, cardiac rehabilitation, current research and practical application.

For more details and to apply for a free place visit:
heartresearch.org.uk/research/masterclass

Or contact Holly Fleetwood at
onlinemasterclasses@heartresearch.org.uk

**This course
is free of charge**
and is funded by
Heart Research UK